

LESSON 5 - ASSIGNMENT

1. What is the difference between exercise and *conditioning*? (Write 4-5 sentences)
2. Distinguish, in your own words, between *soft* and *hard condition* of a horse. (Write 4-5 sentences)
3. Explain the principles of *conditioning* for a horse coming off grass and being prepared for racing. (Limit to ½ page)
4. Develop *exercise* routines for horses for the following three situations:
 - racing stables
 - a child's pony
 - mare with foal
5. Based on set Task 2, implement and describe a *conditioning* schedule for a specific horse over a period of at least two months (Limit to one page description)
6. Based on your set task, analyse the results of a *conditioning* schedule applied to a specific horse. (Limit to ½ page)